

## Gazelle Race Timing Age Group Results - Couch to 5K 2018

### 5K Top Males Overall based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	Alexander Craver	00:19:03.5	00:06:09.0	30	M	1st 5K Male
2	Nate Wood	00:20:22.1	00:06:34.0	29	M	2nd 5K Male
3	Matthew Shirley	00:21:42.5	00:07:00.0	12	M	3rd 5K Male

### 5K Top Females Overall based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	Tami Warner	00:28:38.8	00:09:14.0	63	F	1st 5K Female
2	Gina Gioffre	00:28:57.7	00:09:20.0	22	F	2nd 5K Female
3	DEBBIE HENRY	00:29:02.2	00:09:22.0	50	F	3rd 5K Female

### 5K Age Group Results for Male 14 and under based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	JOSHUA FAWTHROP	00:27:51.5	00:08:59.0	13	M	1st Male 14 and under
2	Lucas Davis	00:27:59.8	00:09:02.0	10	M	2nd Male 14 and under
3	SILAS Lewis	00:31:23.1	00:10:07.0	13	M	3rd Male 14 and under
4	Jacob Shirley	00:31:47.0	00:10:15.0	9	M	4th Male 14 and under
5	MAX AMERMAN	00:34:07.2	00:11:00.0	13	M	5th Male 14 and under
6	RILEY SILVERIO	00:36:29.1	00:11:46.0	12	M	6th Male 14 and under
7	NOAH HOOPER	00:39:43.7	00:12:49.0	12	M	7th Male 14 and under
8	DAWSON Lewis	00:45:27.8	00:14:40.0	12	M	8th Male 14 and under
9	Tyler Davis	00:45:28.7	00:14:40.0	8	M	9th Male 14 and under

### 5K Age Group Results for Male 20-29 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	Cooper Hewitt	00:28:19.7	00:09:08.0	29	M	1st Male 20-29
2	THOMAS WATERMAN	00:34:50.6	00:11:14.0	23	M	2nd Male 20-29
3	JEREMY DEARING	00:34:52.8	00:11:15.0	24	M	3rd Male 20-29
4	ASH FORSE	00:43:00.2	00:13:52.0	21	M	4th Male 20-29

### 5K Age Group Results for Male 30-39 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	SPENCER EISENBERG	00:33:18.5	00:10:45.0	33	M	1st Male 30-39
2	JOHATHAN GORDON	00:40:10.1	00:12:57.0	30	M	2nd Male 30-39

### 5K Age Group Results for Male 40-49 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	Ryan Davis	00:25:16.4	00:08:09.0	41	M	1st Male 40-49
2	Ron Knapick	00:25:19.3	00:08:10.0	49	M	2nd Male 40-49
3	MARK SILVERIO	00:31:52.0	00:10:17.0	40	M	3rd Male 40-49
4	DON WRIGHTER	00:40:23.9	00:13:02.0	48	M	4th Male 40-49
5	ANDREW EATON	00:40:55.4	00:13:12.0	46	M	5th Male 40-49
6	TYLER BRINK	00:52:46.6	00:17:01.0	49	M	6th Male 40-49

### 5K Age Group Results for Male 50-59 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	JEFF WOOD	00:25:14.7	00:08:08.0	57	M	1st Male 50-59
2	MARK KNAUL	00:42:21.4	00:13:40.0	57	M	2nd Male 50-59

### 5K Age Group Results for Male 60+ based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	John Kopalek	00:25:21.7	00:08:11.0	67	M	1st Male 60+
2	DICK SMITH	00:33:32.6	00:10:49.0	75	M	2nd Male 60+

3	MIACHAEL HALABURKA	00:41:18.4	00:13:19.0	65	M	3rd Male 60+
4	BYRON HOOPER	00:41:26.4	00:13:22.0	66	M	4th Male 60+
5	DAVE Komoroff	00:50:33.0	00:16:18.0	65	M	5th Male 60+

5K Age Group Results for Female 14 and under based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	Ella Lewis	00:31:27.9	00:10:09.0	7	F	1st Female 14 and under
2	MIKAYLA SILVERIO	00:31:51.9	00:10:16.0	9	F	2nd Female 14 and under
3	Emma McCain	00:32:42.5	00:10:33.0	6	F	3rd Female 14 and under
4	Selah Lewis	00:35:16.6	00:11:23.0	9	F	4th Female 14 and under
5	ATOSHA LEWIS	00:35:38.3	00:11:30.0	12	F	5th Female 14 and under
6	ALYSSA STUCKY	00:39:50.3	00:12:51.0	14	F	6th Female 14 and under

5K Age Group Results for Female 20-29 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	KRISTEN GREEN	00:33:12.3	00:10:43.0	25	F	1st Female 20-29
2	HUNTER LEWIS	00:33:12.6	00:10:43.0	20	F	2nd Female 20-29
3	CASSIE SPENCER	00:34:49.6	00:11:14.0	26	F	3rd Female 20-29
4	ELIZABETH DONOVAN	00:44:51.6	00:14:28.0	28	F	4th Female 20-29
5	KELSEY KLEIN	00:49:31.0	00:15:58.0	22	F	5th Female 20-29
6	ERICA KYLOR	01:05:20.5	00:21:05.0	29	F	6th Female 20-29

5K Age Group Results for Female 30-39 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	Erin Shirley	00:32:04.8	00:10:21.0	35	F	1st Female 30-39
2	Ann Teng	00:38:48.7	00:12:31.0	38	F	2nd Female 30-39
3	MARIA GORDON	00:40:18.9	00:13:00.0	30	F	3rd Female 30-39
4	TIFFANY JOHNSON	00:41:44.7	00:13:28.0	36	F	4th Female 30-39
5	MAGGIE MCNAMARA	00:43:05.7	00:13:54.0	38	F	5th Female 30-39
6	KIMBERLY GREEN	00:44:42.1	00:14:25.0	39	F	6th Female 30-39
7	JESSICA DERLETH	00:47:40.5	00:15:23.0	31	F	7th Female 30-39
8	JESSICA GALVIS	00:48:04.6	00:15:30.0	30	F	8th Female 30-39
9	MICHELE EISENBERG	01:02:49.7	00:20:16.0	31	F	9th Female 30-39

5K Age Group Results for Female 40-49 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	MICHELLE PACCONE	00:32:41.3	00:10:33.0	46	F	1st Female 40-49
2	JULIE Lewis	00:32:42.8	00:10:33.0	49	F	2nd Female 40-49
3	JAMIE SILVERIO	00:36:29.3	00:11:46.0	40	F	3rd Female 40-49
4	RAMONA KACYVENSKI	00:38:31.8	00:12:25.0	46	F	4th Female 40-49
5	SUNITA JAEN	00:39:38.3	00:12:47.0	49	F	5th Female 40-49
6	SIMONE DAVIS	00:39:55.1	00:12:53.0	41	F	6th Female 40-49
7	LISA DICKINSON	00:40:23.4	00:13:02.0	41	F	7th Female 40-49
8	MARIA EATON	00:40:55.5	00:13:12.0	45	F	8th Female 40-49
9	ESTHER FRUSTINO	00:41:06.9	00:13:15.0	47	F	9th Female 40-49
10	MICHELLE FAWTHROP	00:41:26.6	00:13:22.0	40	F	10th Female 40-49
11	DAWN MATTICE	00:41:32.9	00:13:24.0	40	F	11th Female 40-49
12	LISA BEDNARZ	00:42:01.1	00:13:33.0	46	F	12th Female 40-49
13	MORGAIN BROWN	00:43:00.0	00:13:52.0	47	F	13th Female 40-49
14	DANIA AMERMAN	00:43:24.4	00:14:00.0	47	F	14th Female 40-49
15	TRACY RYAN	00:45:54.4	00:14:48.0	49	F	15th Female 40-49
16	KAREN GUINANE	00:50:20.3	00:16:14.0	46	F	16th Female 40-49
17	MARYESTHER WHITE-BRINK	00:52:44.0	00:17:01.0	48	F	17th Female 40-49

5K Age Group Results for Female 50-59 based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
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1	AMY SMITH	00:32:14.7	00:10:24.0	50	F	1st Female 50-59
2	KAREN MAIONE	00:36:53.6	00:11:54.0	58	F	2nd Female 50-59
3	MARGARET KAGE	00:39:12.7	00:12:39.0	57	F	3rd Female 50-59
4	Kim Gioffre	00:40:45.4	00:13:09.0	50	F	4th Female 50-59
5	Brenda Pruitt	00:41:29.1	00:13:23.0	54	F	5th Female 50-59
6	MICHELE KNAUL	00:41:56.3	00:13:32.0	57	F	6th Female 50-59
7	MICHELLE REA	00:42:22.7	00:13:40.0	52	F	7th Female 50-59
8	EVA GILLAN	00:44:01.1	00:14:12.0	52	F	8th Female 50-59
9	BONNIE SILVERIO	00:47:40.0	00:15:23.0	58	F	9th Female 50-59
10	BARBARA HAWLEY	00:49:40.2	00:16:01.0	59	F	10th Female 50-59
11	ROSEANN YOUNG	00:51:35.9	00:16:38.0	53	F	11th Female 50-59
12	LYNNE SIMONS	00:51:36.8	00:16:39.0	56	F	12th Female 50-59
13	STACEY HOOPER	00:52:58.2	00:17:05.0	51	F	13th Female 50-59
14	KAREN KLEIN	00:52:58.5	00:17:05.0	51	F	14th Female 50-59
15	CATHRYN LANDON	01:00:56.9	00:19:39.0	57	F	15th Female 50-59
16	ELLEN MACDONALD	01:01:24.5	00:19:48.0	56	F	16th Female 50-59

5K Age Group Results for Female 60+ based on Gun Elapsed time

Position	Name	Time	Pace	Age	Gender	Age Rank
1	JOVETA SAMMON	00:44:40.1	00:14:25.0	65	F	1st Female 60+
2	MARTHA DONOVAN	00:44:51.1	00:14:28.0	64	F	2nd Female 60+
3	SANDRA KOMOROFF	00:46:29.5	00:15:00.0	65	F	3rd Female 60+
4	Diana Kopalek	00:46:43.3	00:15:04.0	64	F	4th Female 60+
5	ANGELA SOLINSLY	00:49:39.8	00:16:01.0	64	F	5th Female 60+
6	SUE MAYES	00:50:30.6	00:16:17.0	79	F	6th Female 60+
7	DENISE Halaburka	00:50:52.3	00:16:25.0	65	F	7th Female 60+
8	Lorraine Emmons	00:52:16.9	00:16:52.0	60	F	8th Female 60+
9	Melissa Moon	00:55:10.5	00:17:48.0	61	F	9th Female 60+
10	ROSEMARIE ZECCOLA	00:55:10.6	00:17:48.0	62	F	10th Female 60+
11	Soon Lim	00:56:25.0	00:18:12.0	79	F	11th Female 60+
12	MARY LOU MCPHAIL	00:56:25.0	00:18:12.0	83	F	12th Female 60+
13	Norma Cushner	01:02:17.8	00:20:05.0	75	F	13th Female 60+